

AB4D

Ability B4 Disability

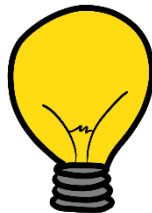
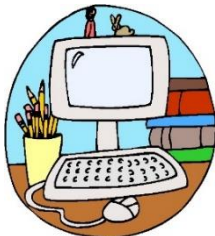
For more information on meeting places in your area,
please contact Kay or Kevin on 01375 389869

AB4D is a user led service
working with and for
adults with a Learning
Disability and or Autism.

Working together
to resolve issues

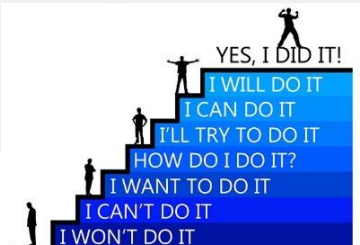
This new service will give you the
opportunity to meet people, and make
new friends, you will also have the
opportunity to develop real life skills
attend training events and share
issues and have a voice in your local
community.

*Become on-line & Social Media
confident*



Learn new skills & share your ideas

*Grow your confidence & self
esteem*



ab4d@summitservices.org.uk



@AbilityB4Disability2



@AB4D12

AB4D is an Essex wide service delivered by SUMMIT & BATIAS in partnership with

